



**SIFD
NEWS**

APRIL

2007

SOCIETY FOR INTERNATIONAL FOLK DANCING

registered charity number 284509

www.sifd.org

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The typing is done by Janet Douglas.
The packaging and posting is done by Dalila Heath.



The cover shows a Greek man dancing in a mask during Apokries. Many years ago only the women, who had made their clothes, were able to recognise their menfolk. Resistance fighters and outlaws from the mountains would come down to the villages for respite and to join in the festivities.



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barlow.dance@ntlworld.com

Magda Ossko writes that she will be 90 in April and that although she no longer teaches Hungarian dances she enjoys reading the SIFD News each month.

HAPPY 90th BIRTHDAY

MAGDA

Dear Magda,

We remember so well your wonderful classes at the Swansea and Hertford Summer Schools where we all worked hard and enjoyed it so much. Many of the dances you taught us are still in the repertoire. Do you remember the outings to the beaches in Swansea and dancing on the sand? After the evening dances when we met in the common room to drink tea and sing and talk late into the night you were there joining in with such a sense of fun. What a wonderful time it was.

A very happy birthday Magda from all your friends in the SIFD



My mother-in-law, just back from Thailand, has presented me with a set of bronze 'fingernails'. Some years back, in Buxton, Jan Knoppers introduced us to Ram Wong: - beautiful music conjuring up visions of the Far East - body twisting - hands and fingers fully engaged - topped off with *the smile*. It is a dance that I enjoy dancing immensely, but I am very aware that it is a dance for **personal consumption** only. By which I mean – I'm happy to dance it with some likeminded friends – but I know it could never make the grade to public display – not with me dancing it any rate. Nevertheless I shall don talons and see if they don't give me a new touch.

On the subject of personal consumption, we of the Consumer Society – who are urged to throw away old favourites (in my case a perfectly good kettle, television, 35 year old jumper) because they are "naff" or "archaic" – seem to face the same subtle pressures with dance selection. ("You're not still dancing *that*, are you? I stopped doing that one years ago.")

Why?? Folk dances are old-fashioned – it's the nature of the beast!

Ed.



Halsway Manor, long May Bank Holiday week-end (4 - 7 May 2007)

Why not join us for dancing and walking (or just admiring the views in beautiful surroundings on the Quantocks near Exmoor and the North Devon and Somerset coast? Full details and application form are now available from:
Gordon Adie. 35 Royal Crescent, Exeter EX2 7QT. Telephone 01392 362 788)

Jack Richardson

Teachers' Course

We have so far had two enquiries about another SIFD teachers' course and we are keen to encourage people to gain qualifications to teach. However it is not possible to set up a training course until a reasonable number of people express an interest. To attend the course you do not have to go through to the examination stage. Last time there were several participants who wanted to gain experience and confidence without taking the qualifying test but they benefitted from the advice on lesson planning, note taking, use of music, first aid and a number of other topics, and learnt a number of new dances by providing a class for the prospective teachers to teach. If you would be interested in taking part in a new teaching course please contact a member of the Badge and Day Course sub-committee.

Helen Ezra, 84 Farm Road, Morden, Surrey. 020 8648 4118

Pam Radford, St, Saviour's Priory, 18 Queensbridge Road E2 8NS.
020 7739 9976

Janet Woolbar, 34A Prestwood Avenue, Kenton HA3 8JZ
Janet.woolbar@care4free.net



In *The Guardian* newspaper there have been countless letters about the early spring, telling of sightings of daffodils, frogspawn, cherry blossom etc. A few weeks ago a witty correspondent commented that there had been no letters on this subject for two days so it must be summer! Anyway, the correspondence on Oxdansen seems to be a bit like this and here is the latest sighting.



The picture was taken on March 1st 2007 of Graham Styles and Peter Bransby who entertained a large group of ladies at a sheltered housing complex at Hatfield. The dance was a part of the Rainmakers' display. There were only six dancers, performing for over an hour on carpet. It was hard work but we felt it was very worthwhile as our audience was extremely attentive and appreciative, and of course they loved the Oxdansen.

Jill Bransby

DATES FOR YOUR DIARY

May 4th/7th EASTBOURNE INTERNATIONAL FOLK DANCE FESTIVAL with Jan Knoppers, Richard van der Kooij, Hennie Konings, Dutch Dip, Clyde Olliver, Mike Machin, Ian Willson, Helena Bengé (flamenco workshop and display), Karolinka (Polish Dancers) Fri., Sat. and Sun. Evening Dances. Booking office: 01278 424332 or 07970 436337

- S.I **May 4th/7th (8th) SIFD LONG BANK HOLIDAY WEEKEND at HALSWAY MANOR**, an attractive folk-lore centre on the edge of the Quantocks and near the north Somerset and Devonshire coast and Exmoor. Join in Folk Dancing and walking (or just sightseeing!) A full-day outing with coach transport and packed lunch provided on the Sunday to the coast or Exmoor. Inclusive cost about £160 for 3 nights with supplements for the 4th night or en-suite bedrooms. Enquiries and further details from: Gordon Adie, 35 Royal Crescent, Exeter. EX2 7QT. (tel:01392 362788) or further details from Jack Richardson 01792 403153
- S.I **May 12th INTERNATIONAL DANCE WORKSHOP** with the Bristol International Folk Dance Group. Led by Maggie O'Regan. Venue: St.Ursula's School. Brecon Road, Henleaze, Bristol. Time: 11am to 5pm with a lunch break, bring your own lunch. Cost: £7 or £6 for SIFD members. For further details tel. 0117 9683974 or 0117 9621802
- S.I **May 12th BALKANPLUS** with MC Julian Sinton with music from Vupros Balkan Group
- S.I **May 19th WOODVALE INTERNATIONAL FOLK DANCE GROUP**. An evening of international folk dancing to be held in the Village Hall at Borough Green, Kent. 7.30-11.00pm. Tickets £6.00 including a hot supper. Bring your own drinks and glasses. More details and tickets available from Alan Cant 01732 883405.
- S.I **Jun.2nd MERTON PARK IFDG GENERAL INTERNATIONAL WORKSHOP and TEA DANCE** at St Mary's Church hall, Church Lane, Merton Park, London W19. Saturday Workshop 10.30am to 2.45pm (tea, coffee & squash available all day; bring your own packed lunch). Tea Dance 3.00 - 5.30 pm including cream tea. Whole day £7.00, Tea Dance only £3.50 Ring Phil or Brenda Steventon on 020 8397 9649
- S.I **Jun.9th SIFD DAY COURSE** see page 6
- S.I **Jul.13th/15th WILLINGDON IFDG's MINI FESTIVAL** at Stafford House, Burgess Hill, West Sussex. Shared leading of International Folk and Circle Dances, also English caller and a singing class. Full board £132 (no supplement for a single room). SAE to Rowena Martin for booking form, 60, Anderida Road, Eastbourne, BN22 0PZ
- Aug. 4th/11th ANGLO-GERMAN FOLK WEEK** Halsway Manor, Crowcombe, Taunton, Somerset. £285 per person. Tel:01984 618274 or email: office@halswaymanor.org.uk
- Aug 25th/Sep1st ONE WEEK INTERNATIONAL FOLK DANCE COURSE** led by Phil & Brenda Steventon. En-suite room still available !! at HF Holidays, Derwentwater, Lake District. For HF details ring 020 8905 9388 or Phil & Brenda on 020 8397 9649
- S.I **Sep. 8th/9th VENTZI SOTIROV** Cecil Sharp House. Sat. workshop - £15, Sat. workshop and evening Dance - £20, (MC Maddy & John + Dunav) Sun. workshop - £12, w/e - £30. SAE and chq. payable to Balkanplus to: Mrs Sally Humphrey, The Big Barn, Old Farm, Horspath, Oxfordshire OX33 1HZ Tel. 01865 873860 sally_humphrey@onetel.net
- S.I **Sep. 15th BULGARIAN WORKSHOP WITH VENTZI SOTIROV**. 11am-5pm St.Ninian's U. R. Church Hall. Egerton Rd. South, Chorlton, Manchester. Evening Balkan Dance 7pm-10pm. £12 or £10 SIFD members (please make cheques payable to:-Barlow IFDG) return to J.Korth, Holly Cottage, off Wigan Rd. Aspull, nr.Wigan WN2 1EF + S.A.E. further enquiries 01942 831141

Oct. 26th/29th RESIDENTIAL COURSE OF BULGARIAN FOLK DANCE with Yves Moreau at Malhamdale, Yorkshire Dales. Comfortable ensuite accommodation, full-board, indoor swimming pool. Choice of General or Intermediate course, or both courses. Excellent area for walking or sightseeing. Non-dancing friends and family welcome. Full board accommodation (3 nights) £190. Single course £26, both courses £46. For details and a booking form please send s.a.e. to Cathy Meunier, 115, Chetwynd Road, London, NW5 1DA or e:mail your request to cathy_meunier@hotmail.com.

Events covered by SIFD insurance are marked S.I. Please remember that the onus is on you to mark each event when sending in the notice if your event is covered by our insurance.



SIFD Two-Day Course

We have a real treat in April!

Cristina Casarina will be coming from Italy to teach a two-day course, on Saturday 21st and Sunday 22nd. She will teach dances from Italy on the Saturday, then Sardinian and Czech dances on the Sunday.

This will be a great opportunity to revise dances from Summer School, but it will also serve as an introduction to Cristina for those who have yet to experience her wonderfully warm and vibrant style. Everyone welcome!

At: Cecil Sharp House

Time: 10.30 a.m. -- 4.30 p.m. Both days

Cost: £7 for each day for SIFD members (£9 for non-members) but only £12 for those attending both days (£14 for non-members)

Pam Radford

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Saturday 9th June

We are very lucky to have secured **Frank Dowling** for the June Day Course. This time he will be teaching dances from Serbia.

Frank probably doesn't need an introduction as the excellence of his teaching is well known but this is a chance not to be missed.

Pam Radford



I'd like to visit a festival in northern Spain where there is the opportunity to learn the dances of the region.

Does anyone know of any? I've heard of one in Caverniga called "festival de los pueblos del Norte" but I can't find any information. If anyone can help please phone Karen (01295 730590) email (roger@bullen91.fsnet.co.uk) or write to: 9 Arden Close, Drayton Banbury OX15 6EQ

Karen Bullen

Eastbourne Update

Some of you are no doubt aware that Ray Goodswen - well-known caller *-on the other side* has taken on overall responsibility for the Festival. The new-style programmes may have a little less information about our performers and teachers, so I shall take this opportunity to give you a pre-view of the timetable, and some details about *our* people.

	Gym	Dance Studio	Classroom
Friday 8 – 10.30	Lewes Israeli Group – Simkhe (Interval = Hennie Konings)	*****	
*****	*****	*****	
Saturday 9.30 -11am	Jan Knoppers – World dances	Clyde Olliver - Greek	Dutch DIP
Saturday 11.30 -1pm	Hennie Konings - Russian	Linny (DutchDIP) singing	
lunch	*****	*****	
Saturday 2 –3-15pm	Helena Bengé - Flamenco	Jan Knoppers - World dances	
Saturday 3.45 – 5pm	Hennie Konings - Russian	Ian Willson - Swedish	
Intl. Dance (costume appreciated) 8 – 11pm	Jan. Ian. Maggie. Mike. Dutch DIP Helena(flamenco)	*****	
*****	*****	*****	
Sunday 9.30 -11am	Hennie Konings - Russian	Clyde Olliver - Greek	
Sunday 11.30 -1pm	Jan Knoppers – World dances	Mike Machin singing/dancing	
lunch	*****	*****	
Sunday 2 –3-15pm	Hennie Konings - Russian	Jan Knoppers – World dances	
Sunday 3.45 – 5pm	Karolinka Team Performance	Clyde. Mike. DDIP Balkan Party runthrough	
Balkan Party (costume appreciated) 8 – 11pm	Clyde. Mike. DutchDIP Karolinka (Polish)	*****	
	*****	*****	
Monday 9.30 -11am	Jan Knoppers – World dances	*****	
Monday 11.30 -1	Hennie Konings - Russian	*****	
Monday	*****	*****	
Monday 2 -3pm	guest farewells & poster dance	*****	
Monday 3...	Join in the crush upstairs	*****	

Anyone who hasn't danced with **Hennie Konings** – Man in Red Boots – is missing a very special dance experience. His workshops give a chance to try a rich variety of Russian folkdances. He studied in Moscow and learned many Russian dance styles, both dancing for stage and in the villages. In 1986 he ended his career as a performing dancer and dedicated himself to the teaching of Russian folk dance in Europe, the USA and Asia, His visits to England have made him well known and very popular, and we are delighted to welcome him back.

Last time he came to our festival he proved popular not only with the International enthusiasts but also with the 'English' dancers from upstairs because his workshops are so accessible for dancers from all backgrounds.

Jan Knoppers is another well known and respected teacher and dancer much appreciated in England. He is an Eastbourne veteran and looks forward to revisiting the festival, he was on the frontpage of the Eastbourne Gazette back in 1983 as a dancer. (Sadly we no longer go into the main town with performances – the local council set us so many hoops to jump through we had no energy left to dance.) Jan will be aided in his workshops by **Richard van der Kooij** who came last year to give a weekend workshop with Jan in Manchester and Culver.

Helena Benge has proved a very popular performer and teacher along the Sussex coast. Her workshop will give a taste of flamenco to some, and jog memories for those already familiar with Sevillanas.

Bregje Tijman, Michiel Bakkes and **Linny van der Weijden** are the musicians that make up Dutch DIP (they adopted the name in Eastbourne!) their Balkan rhythms will get you dancing. But Linny wants to point out that she does not do dance (as stated in the main programme).

Clyde Olliver (a.k.a. "Ollie") is enthusiastic about Balkan dance in general although his chief passion is for Greek. In the past he has danced with Lykion ton Hellinidon, Lyra Greek Dancers, and the late Lillian Galatis. Many of you know him and have already enjoyed his workshops; the same can be said about **Mike Machin, Maggie Kaye** and **Ian Willson**. They will be playing at the Saturday evening dance which should be a full and varied evening with the star of the show being **you in your costume**. Jan Knoppers will lead part of the evening with his own choice of dances.

Ian's workshop is "Swedish, including Oxdansen. Both sexes welcome, it's not just for the men!" If there is too much time in the workshop to do just the one dance, he will be showing Trekarlspolska and Fyrmannadans as well.

Mike's workshop "Make a Song and Dance": The aims of this singing workshop are three-fold. First and foremost to sing songs in a variety of different styles. Secondly to sing songs that can also be danced to, and finally to include the songs (and dances) in the programme for the Balkan evening. The different singing styles will include the simple Italianate harmony of the Croatian coast, a call and response song from the Greek Islands, singing with a drone, and singing in an unusual rhythm. The dances (all simple) will also be included in the workshop for those who wish to do them. No experience of singing or reading music is required, but texts will be provided for those who want them. Mike has been both a singer and a fiddle player from the age of six and has made music in a wide variety of contexts over many years. He got involved with Balkan folk music and dance in the mid 1990s and is particularly interested in the process of singing and dancing together.

The Lewes Israeli Group are starting the weekend off on Friday with a Simkhe. The dances will be accessible and with a walk through first. During the evening Hennie will lead us through some of the dances he has brought to Eastbourne in the last few years with a Russian interval.

Clyde and Mike will also be MCing the Balkan Party on Sunday evening as they did last year; there is also an opportunity to run through ticklish bits earlier in the afternoon. Hennie will also do a 'revision' spot. The display for the Sunday evening will be from the dancers of **Karolinka** – a group from the Polish Club in South London. They will also give a more in depth performance at the Team Performance session on Sunday afternoon.

As well as being a leading light of the Lewes Israeli Group, **Rowena Martin** has taken on some of the festival organising (she makes another request for stewards this month.....). **Claire Steeley** (and husband Geoff) will be there with the SIFD Shop; a little oasis in the corridor! And I shall be there with the entries to the photo competition.

Janet Douglas

New Postage Rates for SIFD Cassettes, Books and CDs

As all letters and packets are now priced according to weight AND size, I have had to revise the postage rates for the SIFD music items.

I should like to keep the new rates simple – the previous system was very straightforward, based on the number of items. However now we have complications. A cassette weighs half as much as a CD – but costs twice as much to post as it is fatter. Some of the books are now twice as heavy as others, and some count as Letters, while others are Large Letters and priced accordingly.

A book and a cassette instantly become a Packet, but a book and CD just get by as a Large Letter.

However we are now allowed more weight for our money.

In an effort to be fair – I have no wish to overcharge anyone for their order – I have provisionally put together the following table:

1 book or CD	80p
1 cassette or 1 video or 2 books or 2 CDs or 1 book + 1 CD	£1.20
3 or 4 items or 1 cassette + 1 or 2 items or 1 video + 1 or 2 items	£2.00
5 – 8 items	£3.00
9 – 12 items	£5.00
13 – 20 items	£6.00

The table cannot be completely accurate, so I will add these riders:

If the postage I have charged allows, I will send your order by 1st class post

If I have grossly over-charged you, I will include some stamps with your order, as a refund

If you would like to remove any uncertainty, contact me beforehand, tell me what you're ordering and whether you require 1st or 2nd class post, and I will tell you exactly how much to add for p&p

If this table proves too inaccurate, I will revise it.

Please remember there is a little extra added to cover the packing material, though please forgive me if I recycle where I can.

We are working towards replacing some cassettes with CDs this year; I will keep you informed of any progress.

Alison Scrimshaw



Offer of Old Copies of SIFD News

Would anyone like a box of old copies of the SIFD News? They start in 1970, and continue – with most years complete – until December 1985.

I have enjoyed going through them very much – it's fascinating how much is still the same – and how much is so different.

They're too heavy to post, but I expect the long arms of SIFD members mean they can (eventually) be delivered almost anywhere.

Please let me know if anyone would be interested, otherwise it's Off to the Recycling Bin.

Alison Scrimshaw

Bulgarian Dance Workshop with Boyko Andonov

Saturday 14th April. 1pm- 4pm Cost:£9

Contemporary Bulgarian dance based on traditional stepwork and rhythm possesses a unique and unmistakable style. Renowned for its unusual footwork and energetic presence, Bulgarian dance is a vibrant form of dance art. People from all backgrounds are welcome.

368 "Dance Attic Studios" North End Road, Fulham SW6 (nr.Fulham Broadway Stn)
Email: boikoandonov@hotmail.com tel: 079000904370



Traditional Performances of the World

Sunday 29th April 2007 at 5.30pm Tickets £8.00 each

Gülsad promises an exciting tour of the world, with a display of Multi-Cultural dance performances. Turkish Cypriot, Albanian, Tamil, Polish, Irish, Greek, Tap Ballet, Slovak, Belly Dance, Anatolian, and Afro Caribbean.

A colourful array of traditional costumes and the sound of a variety of music, will add to a truly spectacular evening

Broadway Theatre, Catford Broadway, London SE6 4RU

Box Office: 020 8690 0002 Enquiries: 020 8461 1084 / 07971 562 867

Email: ruhsar@btinternet.com/Serapb2@gmail.com



Dance holiday in Romania

Date of arrival in Timisoara: Wednesday, evening, 4th of July 2007

Date of departure: Saturday, morning, the 14th of July 2007:

6 nights in Timisoara and 4 nights in Bania, a village in the Almajului Valley.

Price: (transport not included)- 560 euro (for dancing and music) – 400 euro, for non dancers. 50 euros single room supplement. The price includes: dance courses with

orchestra and dancers from "Doina Timisului" Ensemble .-folk songs. - viewing tapes with traditional customs from Banat. -evenings in Bania and with the locals.- evenings of folk with the ensemble Doina Timisului - performances from The International Folk Festival

"Festivalul Inimilor".- visit to The Banat Museum, with folk Romanian art exhibition.- visit to the Banat Village Museum (traditional peasant houses)

Includes all the above activities, transportation from Timisoara International Airport to the hotel, and the trip to Bania more information from Marius Ursu: www.mariusursu.ro or

Str. Coriolan Baran Nr.13 Ap.4, 300238 Timisoara, Romania tel: 40 724 263974



Embankment Gardens 2007

For many years the Society has staged a summer season of international folk dance at the Embankment Gardens Theatre (near the Embankment Underground Station). Initiated by Margery Latham as Demonstration Secretary and continued by Kay Kedge and latterly by myself, it has always been successful in showing what we can do. At some stage in the past, the arrangements for overseas groups were changed, but we were not aware of this. So, because of this, when later there were some minor difficulties, we could not see what the cause was, although there was some talk of 'two diaries'. But last year, as members know, there was a very real problem, with a large band from the US turning up at the same time as ourselves. With goodwill on both sides, a compromise was reached. But as the children's group from Bognor Regis were delayed getting home, I felt they, in particular, deserved an apology from Westminster Council. However, it transpired that the executive in charge of that department was new, having been appointed the week before, and he was very concerned. We did get an apology, and he also investigated the situation, so our booking arrangements are now the same as those for overseas groups, so there should be no further problems for Society groups, ie those covered by our insurance.

However, there are other snags. In recent years, a number of our groups, such as Merton, Croxley Green and the Iberian Group, have been unable to find a team to appear on stage, and there is some question about the participation of another two. I have appealed for other groups to join us, but so far unsuccessfully. In a conversation with Alison, our Secretary, she suggested that the cost of getting a team to London might be prohibitive, and pointed out there were funds available which could help.

The funds consist of the income from the **Legacy and Major Donations Fund**. It is the Society's policy to use this money to help fund events/activities which are considered to be in the Society's interests, and which might not otherwise be able to take place. (But the Society would almost certainly make only a contribution and not pay the full cost.) Applications for money from this source should be made to the Committee for its consideration. All applications should be accompanied by details of the total costs, and the amount being claimed. Each application would be considered on its own merits, and as this source of funding is limited, interested groups should apply as soon as possible.

Our first provisional bookings are for the Hungarian Balaton group on June 2nd, followed by Eastern European dances by Doina on June 23rd. *But please note these have not yet been confirmed.*

If any other group wants to appear, funded or not, write to me, 28 Hayes Court, Camberwell New Road, London, SE5 0TQ, with the date they would like to appear, with an alternative if possible, and with the starting time. An ideal length of performance is around 90/100 minutes with a short interval, but don't worry if you can't manage that. However short your programme, we can probably match you in with another group.

George Sweetland



Balkanplus

The April Balkanplus will be held on the 21st April 2007 at Cecil Sharp House, Camden NW1, starting at 7.00pm. We welcome for the evening joint MCs Maggie O'Regan and Anne Leach. Admission £5. (Note: this is the 3rd Saturday)

Maureen Felton

Sue Barter



Sue in SIFD Swedish costume, for the Hitchin Gathering, 1991

Sue Barter came to the Rainmakers' opening night in September, 1976, got hooked, and hardly missed a Friday night club session. She danced skilfully and enthusiastically with us until, tragically, dementia made it impossible for her to continue. She went into a home a few years ago and died on February 28th 2007, aged 68.

I shall remember Sue's loyalty, and the fun we had before her illness afflicted her. Sue was the first treasurer of our club. She took part in virtually all our displays, attended Sunday dances at Cecil Sharp House



Sue and Adrian on a Day of Dance, dancing Meitschi Putz-di, in 1978.



Umbrella dance, 1992

with her husband Adrian (who died in 2004), and participated in some of the SIFD displays at the Royal Albert Hall. Sue was also a keen member of Staplers English Country Dance Club (in Hitchin). I remember sharing the excitement of Hitchin Gathering days when we prepared the Town Hall with flowers and festive decorations before inviting a paying public to watch our English and International dance displays. We had worked on the demonstrations for

months and we only had six minutes to show off our costumes, music playing, and dancing skills to our audience. Sue was very much at the heart of all this.



Israeli demo at Victoria Embankment Gardens, in 1992. (Sue is third from the right).

We shared many happy times at the Sidmouth Festival, camping with our children and friends, playing cricket on the campsite, busking on the front, attending workshops (especially 'Meet the Team'), and taking part in the processions. Her three children David, Sarah, and Claire dressed up in costumes, clutched flaming torches, and danced down the road with Rainmakers and many other groups in the final night's 'torchlight procession'.

Claire, showed me a photo of Sue, in her homemade Polish costume, sliding down a slide, with Roy Bowtell behind. We were out on a day of dance and there she was giggling, with her petticoats showing. The picture said it all - we did have a lot of fun and Sue was very much a part of this.



The can-can, for a birthday celebration, 1992. Sue is the second dancer from the left.

The Rainmakers miss Sue and Adrian but give thanks for their friendship and commitment. As we sang at Sue's funeral, 'the dance...[goes] on'.

Jill Bransby.

come across the instructions for Hora Femeilor: (see *March issue*)

Beverly Maton

Hora Femeilor. (Women's Hora) Romania. Circle W hold

- A** Moving cw
slow grapevine starting right across front (R L R L)
cross R in front, step L, cross R in front #
pivot to face cc (still move cw)
small flick with L foot step back L R X3 rising on left each time
facing centre
moving cc slow grapevine starting left behind (L R L R)
pivot to face cw move back L R L R
* face centre, small flick with L foot
moving cc cross L behind, step R, cross L in front, step R, cross L in front*
- B** face centre
place right heel forward then step on right
place left heel forward
cross L in front, step R, L in front
repeat
repeat * to *
repeat # to #
- C** moving diagonally right into circle L R L
moving diagonally left into the circle R L R
move straight out of circle with 1 1/2 grapevine steps starting L, R in front.....
rising on L and down on R
face centre, Step R tap L twice in place, step back on L, close R, forward L repeat last line



Maike

For us the learning of "Maike" was an unexpected bonus of Town Twinning. Way back in 1983, while we were living in Droitwich, the town decided to twin with Bad Ems a small town in the Lahn valley about 10 miles from Koblenz.

About a year later we led a group of local ramblers to Bad Ems, where we met up with their local ramblers for an enjoyable weeks walking. We have met up every year since. While in Bad Ems we discovered that there was a Folk Dance group in the nearby village of Fruecht. We met them and suggested that they should come to Droitwich on the next twinning weekend.

Back home we suggested to our local EFDSS group (Sytchhampton Folk Dance Club) that they should act as hosts. Two years later it happened. There was a certain amount of nervousness on both sides. Volkstanzgruppe Fruecht were a small group mainly in their late teens and twenties. Sytchhampton were a very large group and considerably older. Within five minutes all barriers had ceased to exist. Both groups danced at the reopening of Droitwich Station and danced together for many years afterwards. Although Volkstanzgruppe Fruecht no longer exists as a club the individual friendships remain.

Sytchhampton F.D.C. still occasionally dances "Stern Polka" (you know it as "Doudlebska Polka") and Volkstanzgruppe Fruecht added "Dorset Four Hand Reel" to their repertoire. "Maike" was one of the Fruecht demonstration dances and, although we have not danced it for some years we still have the instructions and, (more importantly) the videotape of Volkstanzgruppe Fruecht dancing it.

Roy Haycock (a.k.a. "Oscar")

MAIKE

from North Germany

A Mod. In No. 1

B

C

D

(Play 4 times and finish on A)
With thanks to Roy Haycock for this one.

Wilf Horrocks

The May issue will have the music for **Tcherkessia Kfula** (Israeli). Please send me any details about Tcherkessia Kfula that you know of (I recently watched about thirty people really enjoying this dance – so it seemed a good idea to publish the music).

Ed.



EASTBOURNE FESTIVALSTEWARDS....AGAIN!

One lovely person has replied to my cry for help, but I am sure there must be others who think “Well, she knows I’ll help” – BUT I DON’T!! So PLEASE, if you can help, let me know! (If we can’t steward the sessions, we may not be able to have them!!)

The job is not onerous, and you do get to dance. You can fill in and send this slip to Rowena Martin, 60 Anderida Road, Eastbourne, BN22 0PZ, or telephone Rowena on 01323 503991, or email rowenahmartin@hotmail.com. Thank you very much!

Name

Telephone(home).....Telephone(mobile).....

Details of offer (i.e. any restrictions on number and type of sessions you can offer, and which days):

.....

SIFD Sunday Dance/Workshops

Apr.1st 4pm - 7pm MC: Pam Radford

at Cecil Sharp House, 2 Regent's Park Road, N.W.1 Cost £5 members £7 non-members

May 13th 7-10pm MCs: Steve & Joy Steventon



WHAT'S ON IN APRIL

Apr.14th BULGARIAN DANCE WORKSHOP see page 10

S.I **Apr.21st BALKANPLUS** see page 11

S.I **Apr.21st/22nd SIFD DAY COURSE** see page 6

S.I **Apr.27th 30th GREAT ALNE LONG WEEKEND 2007** in Great Alne Village Hall, nr Alcester, Warks. Long weekend programme of International and British folk dance and music workshops, evening dances, singing, handbells, belly dancing, walking, cycling and much more. No need to book. More information from Maggie Kaye. (see page 2)

Apr.29th TRADITIONAL PERFORMANCES OF THE WORLD see page 10



All material for the May issue of **SIFD NEWS** must be received by the Editor **IN WRITING** by 17th April; emails by 16th April. Please write in **BLOCK CAPITALS** all names of people, places and dances, unless typewritten.

Coloured photos for the competition must be received by 15th April.